

Informal Lunch menu – week of 2 June

| 1 | Meat | Fish | Vegan | Kitchen specials | Dessert |
|-------|--|--|---|---|--------------------|
| Mon | Thai Green Chicken Curry, Jasmin rice | Baked fish, Pangratatto | Gnocchi, white beans, tomato sauce, cheese | Jerk Chicken Patty/ Stew & Beans Patty, rice and peas | Strawberry Pavlova |
| Tues | Slow cooked Brisket, sweet chilli slaw | Charred fish, macaroni and pea salad, garden herbs | Hot and sour tofu, fried rice | Roasted vegetable Pizza | Carrot Cake |
| Wed | Chicken Burrito, jalapenos' | Peri Peri Salmon, charred lettuce | Jackfruit, roasted peppers | Frittata, mixed leaf | Lemon tart |
| Thurs | Loin of pork, mustard glazed potatoes, sage | Roasted fish, pickled cucumber, seaweed, sesame | Beetroot & Squash Wellington, kale pesto | Jacket potato, baked beans, cheese | Choux buns |
| Fri | Hunters Chicken | Fried Fish, chips, rough cut Tartare sauce | Polenta, lentil, mushroom, cream sauce | Roasted tomato and mozzarella quiche, basil | Berry cheesecake |

Informal Supper menu – week of 2 June

| 1 | Meat | Fish | Vegan | Kitchen Specials | Dessert |
|-------|----------------------------------|--|--|---|----------------------------------|
| Mon | Lamb Tagine | Catfish Creole | Aubergine, Quorn mince gratin | Jerk Chicken Patty/ Stew & Beans Patty | Assiette of desserts/puddings |
| Tues | Chicken & Mushroom pie, mash | Manchurian fried fish, rice | Plant chicken enchilada, jalapeno | Roasted vegetable Pizza | Assiette of desserts/puddings |
| Wed | Rump steak, mushrooms, tomato | Breaded fish, sauce Vierge | Vegetable & grain fritter | Frittata, mixed leaf | Assiette of desserts/puddings |
| Thurs | Lime & ginger fried chicken. | Grilled spiced fish, gnocchi, pesto | Plant Chicken, black bean, fried rice | Jacket potato, baked beans, cheese | Assiette of desserts/puddings |
| Fri | Kitchen Special | Kitchen Special | Kitchen Special | Kitchen Special | Assiette of desserts/puddings |

Informal Lunch menu – week of 9 June

| 2 | Meat | Fish | Vegan | Kitchen Specials | Dessert |
|-------|-------------------------------------|---|--------------------------------|-------------------------------------|-------------------------|
| Mon | Loin of Pork, Romesco sauce | Haddock, mozzarella fish cakes, Tartare sauce | Sofritas, Pico de Galo | Mushroom omelette, mixed leaf | Churros, dulce de leche |
| Tues | Chicken 65, braised rice | Charred Swordfish, mango and chilli salsa | Hyderabadi vegetable biryani | Mozzarella, tomato and basil panini | Manchester tart |
| Wed | Moussaka | Salmon, parsley dressing | Salt and pepper Tofu, noodles | Leek & Stilton quiche | Tiramisu |
| Thurs | Chicken Souvlaki, salad, flat bread | Pollock, gremolata crumb, lemon | Vegan Quorn, Filo, Greek salad | Dhal, Rice, chapati | Lemon posset |
| Fri | Beef Chilli, rice | Fried Fish, chips, rough cut Tartare sauce | Nasi Goreng, plant chicken | Bratwurst or Vegan Hotdog | Chocolate Brownie |

Informal Supper menu – week of 9 June

| 2 | Meat | Fish | Vegan | Kitchen Specials | Dessert |
|-------|---|---|--|---|-------------------------------|
| Mon | Breast of chicken, mushroom and tarragon sauce | Fish in filo, black olive tapenade | Giant Cous cous, charred vegetables, chick pea | Mushroom omelette, mixed leaf | Assiette of desserts/puddings |
| Tues | Slow cooked brisket, sticky BBQ sauce, red cabbage slaw | Grilled Fish, black olive, tomato | Jackfruit in puff pastry, onion sauce | Bruschetta of mozzarella, tomato, basil | Assiette of desserts/puddings |
| Wed | Spaghetti, meatballs | Pan Fried Seabass, peppers | Plant chicken burrito, jalapeños | Leek & Stilton quiche | Assiette of desserts/puddings |
| Thurs | Buttermilk southern fried chicken burger | Steamed Fish, spring onion, ginger, soy | Bean & tofu chilli, jacket potato | Dhal, Rice, chapati | Assiette of desserts/puddings |
| Fri | Kitchen Special | Kitchen Special | Kitchen Special | Kitchen Special | Assiette of desserts/puddings |

Informal Lunch menu – week of 16 June

| 3 | Meat | Fish | Vegan | Kitchen Specials | Dessert |
|--------------|--|--|--|---------------------------------------|-----------------------|
| Mon | Pork schnitzel, dill pickle sauce | Baked Fish, potatoes, dill | Chana Masala, saffron rice | Jacket Potato, baked beans | Eton mess |
| Tues | Slow cooked brisket, pretzel bun, cheese, onions | Grilled Fish, tomato & caper sauce | Cannelloni of mushroom | Vegetable Quesadillas | Banana loaf |
| Wed | Chicken dopiaza, rice | Lemon & Garlic Fish, Fattoush salad | Vegetable dopiaza, rice | Mac & cheese | Gypsy tart |
| Thurs | Beef Lasagne | Mixed fish biryani, yoghurt dressing | A ragout of butternut squash, butterbeans, gnocchi | Vegetable sausages, mash, onion gravy | Scones, clotted cream |
| Fri | Cajun spiced chicken, rice, black eye beans | Fried Fish, chips, rough cut Tartare sauce | Teriyaki Tofu, noodles | Cheese and plum tomato omelette | Cream puff |

Informal Supper menu – week of 16 June

| 3 | Meat | Fish | Vegan | Kitchen Specials | Dessert |
|--------------|--|------------------------------|--|---------------------------------------|-------------------------------|
| Mon | Gunpowder Chicken, red chilli, noodles | Roasted fish, wilted greens | Gunpowder plant chicken, red chilli, noodles | Jacket Potato, baked beans | Assiette of desserts/puddings |
| Tues | Beef Chilli, Rice | Keralan style Mappas | Butternut squash, butter bean ragout, orzo | Vegetable Quesadillas | Assiette of desserts/puddings |
| Wed | Fried chicken, slaw | Steamed Pollock, potato hash | Charred Aubergine, plant mince, tomato sauce | Mac & cheese | Assiette of desserts/puddings |
| Thurs | Cumberland Sausage, mash, onion gravy | Roasted fish, sauce Vierge | Vegetable protein chilli, rice, guacamole | Vegetable sausages, mash, onion gravy | Assiette of desserts/puddings |
| Fri | Kitchen Special | Kitchen Special | Kitchen Special | Kitchen Special | Assiette of desserts/puddings |

Informal Lunch menu – week of 23 June

| 4 | Meat | Fish | Vegan | Kitchen Specials | Dessert |
|--------------|---|--|---|---|------------------------------|
| Mon | Piri Piri breast of Chicken | Baked fish, tomato, caper, parsley | Jackfruit carnitas, tortilla, guacamole | Gnocchi pomodoro, basil | Choux Buns |
| Tues | Pork steak, chimichurri | Salmon, cucumber, dill | Sweet and sour Broccoli, Tofu, rice | Brie & cranberry panini | Banoffee pie |
| Wed | Turkey Schnitzel, Piquant sauce | Steamed pollock, chive and pea mash | White bean & vegetable protein Lasagne | Bubble and Squeak, poached egg | Apple and berry crumble tart |
| Thurs | Chicken Shawarma, garlic sauce, lettuce | Baked Coley, caponata | Polenta, Quorn and pepper ragout | Falafel, pitta, yoghurt & garlic dressing | Salted caramel cheesecake |
| Fri | Beef enchilada, jalapeno salsa | Fried Fish, chips, rough cut Tartare sauce | Salt baked beets, butternut squash in filo pastry, parsley & kale pesto | Buckwheat, charred vegetables | Doughnuts |

Informal Supper menu – week of 23 June

| 4 | Meat | Fish | Vegan | Kitchen Specials | Dessert |
|--------------|--|---------------------------------------|---|---|-------------------------------|
| Mon | Feijoada Brasileira | Fish cakes, mozzarella, Tartare sauce | Plant chicken & mushroom ragout | Gnocchi pomodoro, basil | Assiette of desserts/puddings |
| Tues | Beef Burger, mature cheddar, pickles' | Sea bream, wilted greens | Tagine of vegetables & pulses | Brie & cranberry panini | Assiette of desserts/puddings |
| Wed | Chicken Kabsa | Charred Tuna, niçoise salad | Vegetable Thai red curry. | Bubble and Squeak, poached egg | Assiette of desserts/puddings |
| Thurs | Slow cooked beef, onion mash, chipotle sauce | Baked Fish, capers, parsley | Braised lentils with wild mushroom, whole meal rice | Falafel, pitta, yoghurt & garlic dressing | Assiette of desserts/puddings |
| Fri | Kitchen Special | Kitchen Special | Kitchen Special | Kitchen Special | Assiette of desserts/puddings |

Informal Lunch menu – week of 30 June

| 1 | Meat | Fish | Vegan | Kitchen specials | Dessert |
|-------|--|--|---|---|--------------------|
| Mon | Thai Green Chicken Curry, Jasmin rice | Baked fish, Pangratatto | Gnocchi, white beans, tomato sauce, cheese | Jerk Chicken Patty/ Stew & Beans Patty, rice and peas | Strawberry Pavlova |
| Tues | Slow cooked Brisket, sweet chilli slaw | Charred fish, macaroni and pea salad, garden herbs | Hot and sour tofu, fried rice | Roasted vegetable Pizza | Carrot Cake |
| Wed | Chicken Burrito, jalapenos' | Peri Peri Salmon, charred lettuce | Jackfruit, roasted peppers | Frittata, mixed leaf | Lemon tart |
| Thurs | Loin of pork, mustard glazed potatoes, sage | Roasted fish, pickled cucumber, seaweed, sesame | Beetroot & Squash Wellington, kale pesto | Jacket potato, baked beans, cheese | Choux buns |
| Fri | Hunters Chicken | Fried Fish, chips, rough cut Tartare sauce | Polenta, lentil, mushroom, cream sauce | Roasted tomato and mozzarella quiche, basil | Berry cheesecake |

Informal Supper menu – week of 30 June

| 1 | Meat | Fish | Vegan | Kitchen Specials | Dessert |
|-------|----------------------------------|--|--|---|----------------------------------|
| Mon | Lamb Tagine | Catfish Creole | Aubergine, Quorn mince gratin | Jerk Chicken Patty/ Stew & Beans Patty | Assiette of desserts/puddings |
| Tues | Chicken & Mushroom pie, mash | Manchurian fried fish, rice | Plant chicken enchilada, jalapeno | Roasted vegetable Pizza | Assiette of desserts/puddings |
| Wed | Rump steak, mushrooms, tomato | Breaded fish, sauce Vierge | Vegetable & grain fritter | Frittata, mixed leaf | Assiette of desserts/puddings |
| Thurs | Lime & ginger fried chicken. | Grilled spiced fish, gnocchi, pesto | Plant Chicken, black bean, fried rice | Jacket potato, baked beans, cheese | Assiette of desserts/puddings |
| Fri | Kitchen Special | Kitchen Special | Kitchen Special | Kitchen Special | Assiette of desserts/puddings |

Informal Lunch menu – week of 7 July

| 2 | Meat | Fish | Vegan | Kitchen Specials | Dessert |
|-------|-------------------------------------|---|--------------------------------|-------------------------------------|-------------------------|
| Mon | Loin of Pork, Romesco sauce | Haddock, mozzarella fish cakes, Tartare sauce | Sofritas, Pico de Galo | Mushroom omelette, mixed leaf | Churros, dulce de leche |
| Tues | Chicken 65, braised rice | Charred Swordfish, mango and chilli salsa | Hyderabadi vegetable biryani | Mozzarella, tomato and basil panini | Manchester tart |
| Wed | Moussaka | Salmon, parsley dressing | Salt and pepper Tofu, noodles | Leek & Stilton quiche | Tiramisu |
| Thurs | Chicken Souvlaki, salad, flat bread | Pollock, gremolata crumb, lemon | Vegan Quorn, Filo, Greek salad | Dhal, Rice, chapati | Lemon posset |
| Fri | Beef Chilli, rice | Fried Fish, chips, rough cut Tartare sauce | Nasi Goreng, plant chicken | Bratwurst or Vegan Hotdog | Chocolate Brownie |

Informal Supper menu – week of 14 July

| 2 | Meat | Fish | Vegan | Kitchen Specials | Dessert |
|-------|---|---|--|---|-------------------------------|
| Mon | Breast of chicken, mushroom and tarragon sauce | Fish in filo, black olive tapenade | Giant Cous cous, charred vegetables, chick pea | Mushroom omelette, mixed leaf | Assiette of desserts/puddings |
| Tues | Slow cooked brisket, sticky BBQ sauce, red cabbage slaw | Grilled Fish, black olive, tomato | Jackfruit in puff pastry, onion sauce | Bruschetta of mozzarella, tomato, basil | Assiette of desserts/puddings |
| Wed | Spaghetti, meatballs | Pan Fried Seabass, peppers | Plant chicken burrito, jalapeños | Leek & Stilton quiche | Assiette of desserts/puddings |
| Thurs | Buttermilk southern fried chicken burger | Steamed Fish, spring onion, ginger, soy | Bean & tofu chilli, jacket potato | Dhal, Rice, chapati | Assiette of desserts/puddings |
| Fri | Kitchen Special | Kitchen Special | Kitchen Special | Kitchen Special | Assiette of desserts/puddings |

Informal Lunch menu – week of 21 July

| 3 | Meat | Fish | Vegan | Kitchen Specials | Dessert |
|--------------|--|--|--|---------------------------------------|-----------------------|
| Mon | Pork schnitzel, dill pickle sauce | Baked Fish, potatoes, dill | Chana Masala, saffron rice | Jacket Potato, baked beans | Eton mess |
| Tues | Slow cooked brisket, pretzel bun, cheese, onions | Grilled Fish, tomato & caper sauce | Cannelloni of mushroom | Vegetable Quesadillas | Banana loaf |
| Wed | Chicken dopiaza, rice | Lemon & Garlic Fish, Fattoush salad | Vegetable dopiaza, rice | Mac & cheese | Gypsy tart |
| Thurs | Beef Lasagne | Mixed fish biryani, yoghurt dressing | A ragout of butternut squash, butterbeans, gnocchi | Vegetable sausages, mash, onion gravy | Scones, clotted cream |
| Fri | Cajun spiced chicken, rice, black eye beans | Fried Fish, chips, rough cut Tartare sauce | Teriyaki Tofu, noodles | Cheese and plum tomato omelette | Cream puff |

Informal Supper menu – week of 21 July

| 3 | Meat | Fish | Vegan | Kitchen Specials | Dessert |
|--------------|--|------------------------------|--|---------------------------------------|-------------------------------|
| Mon | Gunpowder Chicken, red chilli, noodles | Roasted fish, wilted greens | Gunpowder plant chicken, red chilli, noodles | Jacket Potato, baked beans | Assiette of desserts/puddings |
| Tues | Beef Chilli, Rice | Keralan style Mappas | Butternut squash, butter bean ragout, orzo | Vegetable Quesadillas | Assiette of desserts/puddings |
| Wed | Fried chicken, slaw | Steamed Pollock, potato hash | Charred Aubergine, plant mince, tomato sauce | Mac & cheese | Assiette of desserts/puddings |
| Thurs | Cumberland Sausage, mash, onion gravy | Roasted fish, sauce Vierge | Vegetable protein chilli, rice, guacamole | Vegetable sausages, mash, onion gravy | Assiette of desserts/puddings |
| Fri | Kitchen Special | Kitchen Special | Kitchen Special | Kitchen Special | Assiette of desserts/puddings |

Informal Lunch menu – week of 28 July

| 4 | Meat | Fish | Vegan | Kitchen Specials | Dessert |
|--------------|---|--|---|---|------------------------------|
| Mon | Piri Piri breast of Chicken | Baked fish, tomato, caper, parsley | Jackfruit carnitas, tortilla, guacamole | Gnocchi pomodoro, basil | Choux Buns |
| Tues | Pork steak, chimichurri | Salmon, cucumber, dill | Sweet and sour Broccoli, Tofu, rice | Brie & cranberry panini | Banoffee pie |
| Wed | Turkey Schnitzel, Piquant sauce | Steamed pollock, chive and pea mash | White bean & vegetable protein Lasagne | Bubble and Squeak, poached egg | Apple and berry crumble tart |
| Thurs | Chicken Shawarma, garlic sauce, lettuce | Baked Coley, caponata | Polenta, Quorn and pepper ragout | Falafel, pitta, yoghurt & garlic dressing | Salted caramel cheesecake |
| Fri | Beef enchilada, jalapeno salsa | Fried Fish, chips, rough cut Tartare sauce | Salt baked beets, butternut squash in filo pastry, parsley & kale pesto | Buckwheat, charred vegetables | Doughnuts |

Informal Supper menu – week of 28 July

| 4 | Meat | Fish | Vegan | Kitchen Specials | Dessert |
|--------------|--|---------------------------------------|---|---|-------------------------------|
| Mon | Feijoada Brasileira | Fish cakes, mozzarella, Tartare sauce | Plant chicken & mushroom ragout | Gnocchi pomodoro, basil | Assiette of desserts/puddings |
| Tues | Beef Burger, mature cheddar, pickles' | Sea bream, wilted greens | Tagine of vegetables & pulses | Brie & cranberry panini | Assiette of desserts/puddings |
| Wed | Chicken Kabsa | Charred Tuna, niçoise salad | Vegetable Thai red curry. | Bubble and Squeak, poached egg | Assiette of desserts/puddings |
| Thurs | Slow cooked beef, onion mash, chipotle sauce | Baked Fish, capers, parsley | Braised lentils with wild mushroom, whole meal rice | Falafel, pitta, yoghurt & garlic dressing | Assiette of desserts/puddings |
| Fri | Kitchen Special | Kitchen Special | Kitchen Special | Kitchen Special | Assiette of desserts/puddings |